



# MOAHPERD

Missouri Association of Health, Physical Education,  
Recreation, and Dance

*Invites You  
to  
Participate in the*

## **Exemplary Physical Education Program**

# CRITERIA FOR EXEMPLARY OR EXEMPLARY GOLD PROGRAMS

*(You must show evidence or documentation for these criteria)*

1. There is a written curriculum guide that meets all Missouri School Improvement Program requirements and includes:
  - a. A rationale
  - b. Course description (s)
    - (1) Elementary or Middle/Junior High – a general description of the instructional program.
    - (2) Secondary – A description for each course
  - c. Measurable learner objectives, teaching strategies, and assessment, which are consistent with good professional practice.
  - d. Graduate goals (**Show Me Standards are acceptable**)
  - e. Objectives are aligned with the Show Me Standards
  - f. **A scope and sequence chart (See sample attached)**
  - g. Resources used for instructional purposes (equipment to be listed under criterion #10).
  - h. **Documentation** that the curriculum guide has been approved by the Board of Education, and that it is regularly revised
  - i. Evidence of use of the GLE's.
2. There are written policies and procedures for the following in the health and physical education program:
  - a. Dress code
  - b. Medical exclusion
  - c. Emergency care and accident reporting
  - d. Substitute teacher policies
3. All faculty teaching physical education hold a valid teaching certificate in health and/or physical education for the level at which they teach.
4. The majority of the faculty teaching health and/or physical education have, within the past three years, attended a professional development workshop, conference/convention, outside of contractual obligations, or completed a graduate course directly related to their teaching area, and are a current member of MOAHPERD.
5. The average class size per teacher in health/physical education is equivalent to the average class size per teacher in other instructional areas.
6. The amount of time scheduled for the physical education program meets or exceeds state requirements:
  - a. State requirement
    - (1) Elementary – 50 minutes per week
    - (2) Middle/Junior High – 3000 minutes per year
    - (3) High School – Equivalent of two semesters of daily physical education

## **Please provide an explanation of your class schedule as to how it meets the time requirements.**

7. Students are not excused from physical education because of participation in athletics, band, ROTC, and/or other similar activities.
8. Physical education is provided for students with special needs either through adapted physical education or the regular physical education class.
9. Student assessment in physical education is conducted in the psychomotor, cognitive, and personal fitness areas, and the results are effectively communicated to the appropriate people (**include a copy of the report form and explain how it is used**).
10. Indoor/outdoor facilities, community resources, and equipment are available to support the goals and objectives of the program (**Include photographs of facilities, and a copy of the equipment inventory**).

**FOR AN EXEMPLARY GOLD AWARD, CRITERIA 4, and 6, LISTED BELOW  
REPLACE CRITERIA 4 and 6, LISTED ABOVE.**

- 4. The majority of the health/physical education faculty have, within the past three years, attended a professional development workshop, conference/convention, outside of contractual obligations, or completed a graduate course directly related to their teaching area, and are a current member of MAHPERD and AAHPERD.
  
- 6. An adequate amount of time is provided for the program:
  - a. Elementary students meet daily, exclusive of recess
  - b. Middle/Junior High have the equivalent of one semester of daily physical education per year, and one fourth a semester of health each year.
  - c. High school student have physical education for one year, and health for one half year, and 50% of the students who have completed the state requirement must be enrolled in an elective physical education class

TO: Missouri Physical Educators, Principals, Superintendents:

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The Missouri Association for Health, Physical Education, Recreation, and Dance invites your school to apply for exemplary program recognition. This is an ongoing program for our Association and we feel that exemplary programs should be an outgrowth of quality programs.

An application form is provided below. Please complete it and send it to the address indicated on the form. You may also access the form and criteria at **[www.moahperd.org](http://www.moahperd.org)**

After receiving your application the Executive Director will send you a complete set of criteria, instructions, and the names of individuals who can assist you with completing the application. You can also access the names of people who can assist you with the application on our Web site. We encourage you to seek assistance with completing the application.

We encourage your participation in this program.

Sincerely

James Herauf, Executive Director  
3931 Scarborough Way – Jefferson City, Missouri 65109  
Phone 660-582-7378 – E-mail [Jmahperd@earthlink.net](mailto:Jmahperd@earthlink.net)

**APPLICATION FOR RECOGNITION AS AN EXEMPLARY PROGRAM**

Name of School \_\_\_\_\_

Public School District or Non Public Affiliation \_\_\_\_\_

School Address \_\_\_\_\_

(Street)

(City)

(State)

(Zip Code)

School Telephone Number \_\_\_\_\_

School FAX Number \_\_\_\_\_

Superintendent's Name \_\_\_\_\_

Principal's Name \_\_\_\_\_

Person(s) Submitting Application \_\_\_\_\_