

## 2011 MOAHPERD Convention – Tentative Schedule



### Building on the Past, Shaping the Future

Lodge of Four Seasons, Lake Ozark, MO

November 11 – 13, 2011

#### Friday, November 11, 2011

Pre-Convention Workshops (9:00 AM to 11:30 AM)

Please Pre-Register for the Workshop you will Attend (mark on Registration form)

#### **Beyond Dodgeball: The All-Inclusive MAP Preparation for Physical Education**

An opportunity to review all of the activities from Beyond Dodgeball 1 and 2, plus new and fresh ideas that will help you continue to prepare your kids for the MAP test – Physical Education style.

Presenters: **April Pfannenstiel, Laura Girard, and Andrea Gregory, Raytown C-2 Schools**

#### **Learn How Teaching the Health Grade Level Expectations Create Engaged, Motivated Students**

Participants will have the opportunity to experience creating robust, engaging health lessons using the required Grade Level Expectations. You will also identify activities and assessments that bring health lessons to life. You will go home with ways to incorporate new activities into your current lessons as well as how to incorporate your current activities into new lessons.

Presenters: **Marilyn Grechus, University of Central Missouri; Julie Lueckenhoff, Blair Oaks R-II School District**

#### **Teach Fitness Concepts & Core Strength: A great 1-2 Punch!**

This session will combine lecture and actual hands-on activities to assist Secondary Physical Education teachers with teaching fitness activities and reinforce strength training principles and concepts. In this session, a sensible teaching progression for strength training will be discussed, along with strength training web site resources. Come prepared to receive hands-on experience of several core strength activities, and you will learn great new dynamic warm-up routines that reach every muscle in your body.

Presenters: **Mark Sissom, Retired/Rockwood School District; Aaron Moser, M-F Athletics**

#### **Easy and Fun Choreography with Props**

Learn how to quickly put together fun, easy dances for your physical education students using props you already have on hand. Great for elementary, middle, and adapted physical education.

Presenters: **Rheba Vetter, Northwest Missouri State University; Jo Byrnes, Cottey College**

#### **CPR/AED Certification**

Presenters: **Gina Scott, Jane Arabas, Bryan Dorrell**

#### Friday Special Events

Morning Workout Session – 7:30 AM

Grand Opening for Exhibitors 11:45 AM

College / University Socials

All Convention Social and Dance (cash bar) – 8:00 PM

**Dress in your best Western Outfit!** Prizes awarded to top winners!

#### Friday Afternoon Sessions (1:00 PM to 5:45 PM)

- Minute to Win it Challenges – Julie Connor and Christine Langebacher
- Step It Up: Ideas and Activities using Pedometers – Ken Bias and Beth Brennan
- Kagan Structures for Cooperative Learning in PE! – Chris Roller
- Outdoor Activities for Any Space – Lauren Loucks, Amy Townsend, April Huddleston, and Emporia State University Students
- Fun Formulas for Creating Movement – Rheba Vetter

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- iPad for PE – Patrick Fine
- Helping Students and Schools Achieve Better Health: Fuel Up for Play 60 – Ellen Wheeler
- Nutrition: What Should We Be Teaching? – Jana Heitmeyer
- Taping 101: Common Injuries in High School Athletes – Crystal Meeks
- Behavior Change Promoted by Assessment – Lowell Pitzer
- Cardio Chaos Continues – Cindy Webb
- Improve Hitting Mechanics in 7 Steps – Donovan Nelson
- Character is Cool and So Is Skillastics! – Leslie Robinson-Fisher
- Include, Adapt ... Whatever It Takes! – Cynthia Leutzinger
- Energize the Energizer – Aron Potter and Sheri Beeler
- Jump Into Action – Steve Ball
- Recharge, Retool, Refuel! – Ellen Wheeler
- Missouri National Archery in the Schools Program (MoNASP) – Amy Fracka
- Concussion Management – Crystal Meeks
- Organize & Conduct Jump and Hoops for heart Events – Kristi Bieri
- Personal Training / Exercise Science Certification for the Practitioner – Greg Kriewitz
- Spring into Sport Stacking with Speed Stacks! – Jamie Limberg
- Can't Pitch a Softball? You Can Teach It – Donovan Nelson
- Rhythmic Recipe for Fitness – Joella Mehrhof, Kathy Ermler, and Emporia State University Students
- You 2 Can Square Dance – Sharon Crisel
- Orienteering For Fun and Fitness – Carla Smith
- Health-e: Tracking Health with Technology – Susan Stockton
- Teaching the World's Most Popular Sports: An International Perspective – Britton Johnson
- Let's Move in School – Dennis Docheff (NASPE President)
- Adaptive Think Tank – Ken Bias and Cindy Deskin
- Using Listserves to Contact Organization Members – Jim Herauf
- Environmental Heat Illness: Liability and Prevention Concerns – Jay Hoffman
- Team Handball: Lead-up Games, Basic Skills, and Strategies – Mary Phyl Dwight
- Easy Yoga – Jo Byrnes
- Aerobics from A to Z Incorporating Interval Training – Brenda Goodwin
- Beginning Ballet – Summer Beasley
- School Tennis – Get on the Bus! – Susan Riemann
- Presentation on Food Management & Contracting & Chef Demonstration – Deni Ferlick
- Young Athlete Program – Susan Schaffer
- Improving your Future Professionals' Club – Justin Rootz and Jason Dolph
- S.P.E.A.K. U.P.: Ideas for Advocacy – Dennis Docheff (NASPE President)
- Purple Recreation – Rick Hardy

### **Saturday, November 12, 2011**

#### Saturday Special Events

Walk with the Presidents – 7:00 AM  
Show-Me Jumpers – 10:30 to 11:30 AM  
Higher Education Think Tank – 7:45 to 10:15 AM  
Research Poster Display – 10:30 AM to 11:30 AM  
Future Professionals Luncheon – 11:45 AM to 12:45 PM  
Jump Rope / Hoops for Heart Awards Luncheon – 12:00 to 12:45 PM  
Final Exhibitor Drawing / Grand Prize Drawing - 1:00 PM  
SuperStars Competition - 1:30 to 3:00 PM  
MOAHPERD Scholar Address – 2:45 PM to 3:45 PM  
MOAHPERD Dance Performance - 5:00 to 6:00 PM  
MOAHPERD Convention and Awards Banquet – 6:30 PM  
All Convention Social and Dance (cash bar) - 8:30 PM

#### Saturday Sessions (8:00 AM to 3:45 PM)

- Fire Up – Push Up – Stack Up! Fitness Stacking with Speed Stacks – Jamie Limberg
- Nordic Walking – Pick up the Pace – Ken Bias and Beth Brennan
- Pop/Hip-Hop/Line/Dance – All in One Lesson – Lieschen Fink
- Beyond 101 Fun Stations: Strategies for Maximizing Movement, Motivation, and Meaning – Shelley Paul Smith

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- Alive and Kicking – Ron Ramspott
- Scooter City – Susan Flowers, Darla Armstrong, and Jason Riddle
- Health Teacher: Leading K-12 Comprehensive Health Education on the Web – Delphine Rossi
- Introduction to Geocaching – Tom Wolpert
- Higher Education Think Tank – Brenda Goodwin, Sheri Beeler, Carol Cox, Dennis Docheff, Brad Strand, Al Cade, and Tim Wall
- We C.A.R.E. (Compassion, Attitude, Relationship, Extra) – Latonya Davis
- Resumes, Interviews, and the Competition, Oh My! – Loren Butler
- Are You Addressing Your Student's Biggest Medical Risk? – Larry McCord
- Beyond Dodgeball 3 – April Pfannenstiel
- Beginning Modern Dance – Jo Byrnes
- Tai Chi in PE – Lieschen Fink
- Unique and Innovative Activities for Large Groups – Leslie Robinson-Fisher
- Teaching Health Concepts Through Movement: A Brain-Based Approach for Teaching Health – Tracy Oliver
- Move It ... Learn It – Integrated Learning Through Meaningful Movement – Paola Fontana
- National Board Certification in Physical Education – Taralyn Garner
- Future Professionals' Roundtable Discussion – Rebecca Norman
- Concussion in Sport: Diagnosis, Management, and Return to Play – Bryan Dorrel
- Soar Into Fitness: Sport Stacking with Speed Stacks! – Jamie Limberg
- Preventing Injuries: Incorporating Corrective Exercises Into Physical Education – Eric Lay
- Dance and Athletes: How to Teach Dance to Non-Dancers – Summer Beasley
- Show-Me Jumpers – Charlene May and Melissa Knoll
- Super Skills Build Super Stars – Kory Lower, Kindel Huett, and Kelly Payne
- GeoJam Fitness and Dance Party – Paola Fontana
- Research Poster Session – Steve Burns
- Situational Awareness and Evasive Tactics – John Crane
- Intentional Networking and Professionalism – Brad Strand (AAHPERD President)
- Curricular Conversations – Randy Bergman and Heather Crain
- The College Recruiting Process: Helping Your Student Athlete Market Themselves for a College Scholarship – David Pierce
- Flash Fitness and the Incredible Activities – Joella Mehrhof, Kathy Ermler, and Emporia State University Students
- Folk Dances for Secondary Students – Melody Jennings
- Educational, Cheap and Fun! – Gina McNeese
- Health Rocks with Technology: Using Technology to Effectively Demonstrate What Students Have Learned – Marla Drewel-Lynch
- Building Assets in Kids: Home, School, and Community – John Shelden
- Germ Warfare: getting Our Hands Dirty in Health! – Heather Crain and Lori Buatte
- Physiology of Aging: How Understanding the Process Can Be Used to Motivate Previously Sedentary People – Mark Kimzey
- Taking the Plunge: Designing an Online Upper-Division Health Science Course – Justin Kraft
- The WSSA Stack Meet: A "Sportstacking with Speed Stacks" Competition – Jamie Limberg
- 4 Left Feet – John Ponzar
- The PE Workshop: Twenty Minutes to Increased Child Activity – Dennis Docheff (NASPE President)
- The Bodily Kinesthetic Intelligence and Its Relationship to Teaching Dance – Ashley Tate
- Introduction to the Michio Ito Method – Mary-Jean Cowell
- Using Community Facilities within your Physical Education Class – Jeff Sullivan, Jessica French, and Annie Roseberry
- Geocaching for Fun and Fitness – Michelle Kendrick
- Praxis II: Tips, Tricks, and Techniques for Physical Education – Tim Wall
- Essential Learnings and Assessment in PE – Ron Ramspott
- Media Interview Advocacy Skills – Carol Cox and Janice Clark Young
- Increasing the ABCs of After-School Programs – Sarah Finn
- Incorporating the ABT National Curriculum into Teaching Creative Movement – Sara Brummel
- Got PE? 4 – Mike Thompson
- The Why and How of Becoming a More Reflective Teacher – Shelley Paul Smith
- Speed Interviewing: Future Professionals Practice the "Hard" Questions – Dennis Docheff (NASPE President) and Beth Brennan
- Organize and Conduct Jumps and Hoops for Heart Events – Kristi Bieri
- MOAHPERD Scholar Address – Michael Bird

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MOAHPERD  
Dr. James Herauf  
3931 Scarborough Way  
Jefferson City, MO 65109

Return Service Requested

NON-PROFIT ORG  
U.S. POSTAGE  
PAID  
PERMIT NO. 147  
JEFFERSON CITY, MO

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**Sunday, November 13, 2011**

Sunday Sessions (8:30 to 10:30 AM)

- Praise and Worship – John and Paula Shelden
- Swap Shop – Janet Anderson
- NASPE Teacher Toolbox Continues Building on the Past, Shaping the Future – Shelly Gannaway, Ann Landrum, Tracey Keutzer
- Teaching Students to Overcome the By-Stander Effect – Roberta Donahue

**Registration**

Thu, November 10, 2011 - 5:00 PM to 9:00 PM

Fri, November 11, 2011 - 7:30 AM to 4:00 PM

Sat, November 12, 2011 - 7:30 AM to 2:00 PM

**Exhibitors**

**Grand Opening**

**Friday, November 11, 2011**

**11:45 AM Drawings for Door Prizes**

Fri, November 11, 2011 - 11:45 AM to 5:00 PM

Sat, November 12, 2011 - 8:00 AM to 1:30 PM

**Exhibitor Finale**

**Saturday, November 12, 2011 – 1:00PM Grand Prize / Door Prize Drawing**